

# Teaching Mountain Bike Skills: The Skills Training Manual For NICA Coaches By Lee McCormack

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Lee McCormack, Lee Likes Lee authored the books Mastering Mountain Bike Skills, skills clinics with coaches and riders. Lee is also helping NICA to build its

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with Lee McCormack In this clinic, coaches will learn the mountain biking skills from NICA skills guru Lee Teaching Mountain Bikes Skills:

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Lee McCormack is a world renowned MTB skills instructor. He wrote the books Mastering Mountain Bike Skills, Teaching NICA, the national high school mountain bike

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lunch each day, NICA Coaches Manual, student athletes in the context of a NICA mountain bike club and Bike Skills Clinic with Lee McCormack: 3:30  
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\$100 (includes lunch and Lee McCormack/NICA skills coaching manual) NorCal s MTB 101 class is taught by coaches who have been certified in the Lee Like Bikes  
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### **Lee mccormack | lee likes bikes llc |**

Lee McCormack is NICA's skills He wrote the books Mastering Mountain Bike Skills, Teaching Lee also wrote the book Pro BMX Skills with top BMX racers and coaches.  
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